SUNDAY

18:00 OUR HIKING & SPORTS GUIDE GERHARD INVITES YOU TO A WELCOME DRINK

AND SHORT PRESENTATION OF HIS PROGRAM FOR THE COMING DAYS!

Meeting point: 18.00 in the lobby

MONDAY

10:00 HIKE ALONG THE "TALSCHLUSS HÖHENWEG"

Meeting point: in front of the Hotel approx. 5 Stunden

Height difference: 400 m

Description: Together we go by bus to the end of the valley. Ascent along the beautiful

Höhenweg to the Forsthofalm. From there we walk forward to have lunch at the

Saalalm. We walk back along the Teufelswasser to the starting point.

TUESDAY

10:00 MOUNTAIN BIKE TOUR

Meeting point: in front of the main shop of Sport Gumpold

Duration: ca. 3-4 hours **Height difference:** ca. 300m

Prices: Mountainbike GOLD: EUR 35,10

Enduro Bike: EUR 49,50 Kids to 24": EUR 16,20

Helmets: EUR 3,00 (you have to wear one)

NEW: It's easier by E-Bike! – starting from € 35,10

Description: Ascent with the Reiterkogel lift. Then we will take the trail to the Bernkogel (ca. 300m difference in height). Descent over the Spielberghaus to Saalbach and

back on the Saalach promenade to Hinterglemm.

Please do not foraet the Joker Cards!

WEDNESDAY:

09:00 RIVER RAFTING

Meeting point: in front of the SPAR-shop in Hinterglemm

Duration: until about 14:00

Prices: EUR 55,- per adult incl. transfer and equipment

EUR 44,- for children to 15 years of age incl. transfer and equipment

suitable for children over 9 years of age!

Registration: until Monday, 12.00 at the hotel reception **The minimum number of participants varies!**

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Please take bath towels and bath wear with you!

10:00 HIKE TO THE HOHE PENHAB (2113 m)

Meeting point: in front of the Hotel approx. 4 ½ hours

Height difference: 350m

Description: One more nice hiking tour is waiting for you! We go uphill by the Zwölferkogel

cable car. We hike to Hohe Penhab and forward to the Schönhoferwand. Descent then back via mountain station Zwölferkogel, to take the lift back in the

vallev.

THURSDAY:

10:00 HIKE TO THE BIG ASITZ (1914 M)

Meeting point: in front of the Hotel approx. 5 Stunden

Height difference: 400 m

Description: Together we go to the Schönleitenbahn by bus. Interesting hike over the

Saalachtal panorama trail to the Big Asitz. We will descend over the Seidel-Alm to

the lift station and back to the valley by gondola.

FRIDAY:

10:00 HIKE TO THE WETTERKREUZ - BERNKOGEL

Meeting point: in front of the Hotel approx. 5 Stunden

Height difference: 400 m

Description: After the ascent with the Reiterkogel cable car we hike along the way to the

Reiteralm and further to the Wetterkreuz and Bernkogel Summit. Back we take the way along the Sonnalm to have a rest and lunch break. Along the hiking way

back to the valley, or we tale the easier possibility back by cable car.

risk. The use of the lifts and many entries are free with the Joker Card.

Please do not forget your Joker Card!

THE WOLFS & THE GLEMMTALERHOFLINGER
ARE LOOKING FORWARD TO A SPORTY AND ACTIVE WEEK OF HOLIDAY
TOGETHER WITH YOU HERE AT
THE "HOME OF LÄSSIG" SAALBACH HINTERGLEMM!

YOURS SINCERELY, FAMILY SCHNELL!



